



South Park Cougar Courier

August/September Issue 1

Lynne Brunjak, Principal

Scholar: a person who has an aptitude for study

Dates to Remember

- 8/20-8/21 Assessment Days
- 8/22 All K - 5 Scholars Return
- 8/22 Back to School Night 3:00 PM or 5:30 PM
- 8/27 Rise & Shine Morning Clubs Begin
- 8/29 Preschool Scholars Return
- 9/3 No School - Holiday
- 9/4 PTO Meeting 3:30 PM
- 9/18 Ned Show
- 9/26 Picture Day

Check out our webpage at

<http://southpark.pueblocitieschools.us/> for the latest school news and events.

Principal's Message

Dear Parents & Scholars of South Park:

Welcome back to the 2018-19 school year. We have a great year in store for your scholars.

South Park will be continuing to institute the No Excuses University. This means that every scholar will be made aware of the opportunity of College/University. Each classroom has a specific College/University. You can buy your scholar a t-shirt to wear on Mondays or Fridays. We will be selling No Excuses t-shirts in September.

Attendance is a vital part of the school day. We need your scholars here every day and on time. School begins at 7:45 a.m. and the teachers begin teaching at this time. It is very important that scholars do not miss time from school.

Lunchroom Procedures:

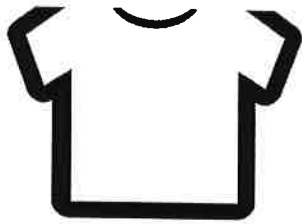
- All scholars receive free breakfast and lunch
- Please do not pack pop in your child's lunch
- If you wish to eat with your scholar, please let the cafeteria know by 9:00 a.m.

Discipline at South Park has been made the same from preschool through fifth grade. When your scholar moves to red, they will automatically receive detention for that day from 3:05-3:45. Siblings are not allowed to "wait" while their sibling attends detention. They must be picked up on time.

Sincerely,

Mrs. Lynne Brunjak, Principal

**WELCOME BACK
TO SCHOOL**



What to wear???



- **Monday-College Day**
 - Wear NEU shirt
 - Wear college t-shirt
 - Wear the colors of your college
- **Tuesday -Regular Day**
 - Shorts-need to be longer than your fingertips
 - No spaghetti straps or sleeveless
 - No flip flops may be worn
 - No bra straps showing
 - Shirts must touch the pants
- **Wednesday-Spirit Day**
 - Wear a South Park Spirit shirt
 - Wear your college t-shirt
 - Wear the colors of the school
 - blue/yellow
- **Thursday-Dress-up Day**
 - Wear your best clothes
 - Dress for success
 - If you have PE, bring tennis shoes

(Please note that these options are not mandatory.)



No Excuses Chant

*South Park Cougars
 Rise above the rest
 Home of No Excuses
 We strive to do our best.*

*Every scholar matters
 Success is in our soul
 Learning is our future
 And college is our goal.*

*College bound Cougars College bound Cougars
 NEU NEU NEU*

ENTERING THE SCHOOL IN THE MORNING

- Scholars may enter the building at 7:35 a.m.
- Please do not bring your scholar to school prior to 7:35 a.m. unless they are participating in a morning club
- Scholars will enter the building through their classroom doors
- **PARENTS:** Please do not enter the building through your child's classroom. You need to come to the front of the building and sign in. This is for the safety of all scholars.



PICKING UP THE SCHOLARS IN THE AFTERNOON

- All scholars will be released through their classroom doors
- No scholars will be released prior to the bell ringing
- Please do not knock on the door, the teachers will not open the door for you
- Dismissal is 3:05 Monday-Thursday

PRAISE IS ALIVE AT SOUTH PARK!

P-positive
R-respectful
A-accepting
I-integrity
S-safety
E-equality

Discipline Colors:
Purple-outstanding
Blue-great choice
Green-ready to learn
Yellow-reminder
Orange-stop and think
Red-contact home



Rise and Shine Good **Morning Clubs**

Rise and Shine Clubs will begin every morning at 7:00 am starting on Monday, August 27th. Scholars must come directly to the gym or to the outside mileage course when weather permits.

Monday: Mileage Run/Walk Club

Tuesday: Let's Move It Club (Mileage / Aerobics / Jump Rope)

Wednesday: Mileage Run/Walk Club

Thursday: Gym Rats

Objectives of Morning Clubs:

- Be more alert for a day of learning within the school
- Understand the importance of healthy lifestyles
- Improve coordination, balance, agility and flexibility
- Communicate appropriately and effectively with others
- Engage and interact appropriately with other children
- Be given realistic challenges to achieve
- Use tactics and strategies to increase chances of success
- Get the body and brain moving for a successful day of learning!

What It looks Like

- ❖ Scholars should not enter the building before 7:00 am.
- ❖ Scholars will remain seated in the hallway outside of the gym until permission is given.
- ❖ Scholars will place their coats/backpacks in the hallway right under the mileage board. No items will be placed in front of the doorways.
- ❖ Scholars should remain in the gym until 7:35 (not in the hallways).
- ❖ All school rules will be followed in all morning clubs.

- ❖ When dismissed from morning clubs, scholars will exit the doors to the outside to go to their classrooms unless given further instructions.
- ❖ No cell phones are allowed at clubs. Cell phones should be put safely away in backpacks.
- ❖ **Tennis shoes will be worn for all morning clubs.**
- ❖ Water bottles are placed on the stage to avoid spilling on the gym floor.
- ❖ Backpacks and personal items will be stored on the basketball court when doing Mileage Club outdoors.

At the sound of the whistle, all scholars and equipment must stop immediately (basketball, jump ropes, etc.) to assure all scholar's safety. All scholars are responsible for putting equipment back when finished.



P.E. Class with Ms. Crowder

It's so exciting to start another school year! PE classes are an important part of the South Park Curriculum. Studies show that physical activity improves cognitive learning, increases self- confidence, and can make a positive impact on a scholar's overall performance.

These are our goals at South Park:

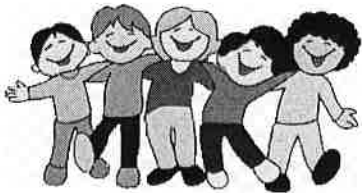
Our overall objective at South Park is to provide our scholars with the skills and opportunities to embrace the importance of healthy choices for life. Our goals are:

- To highlight the importance of working toward and maintaining a healthy fitness level.
- To teach the rules, strategies, and necessary skills of a game or activity.
- To emphasize the self-satisfaction of giving your best effort, regardless of the score.
- To guide all scholars to an awareness of their abilities, their capabilities and their potentials.
- To promote positive student interactions through activity, learning the importance of sportsmanship and being a significant part of the team.



This is how we accomplish our goals:

- 1. Movement Concepts and Skills** - This is the learning of how the body moves in relationship to space and other people.
- 2. Locomotor Concepts and Skills** - Children learning about the different ways of getting from one start point to another. This includes walking, galloping, skipping, jumping (two feet), hopping (one foot), leaping, sliding, running, and crawling.
- 3. Manipulative Concepts and Skills** - Basic to proficient skill development of throwing (underhand tossing and overhand throwing), catching, rolling, dribbling (with hands and feet), kicking, and striking (with hands and implements).
- 4. Tumbling Skills** - These are the skills that involve stationary balances, moving balances, rolls, cartwheels, and other gymnastic type skills.
- 5. Personal and Social Responsibility Concepts** - These are the skills that require the class to be safe and orderly when working with others using teamwork, cooperation, sportsmanship, and fair play. The students will be striving to stay active, involved, and engaged, all while exercising and having fun with a variety of different people each and every day.



These are our expectations.

- All scholars will listen and follow the instructor's directions.
- All scholars will try their best in all activities.
- All scholars will cooperate and work well with their classmates and instructor.
- All scholars will display a positive attitude while maintaining self-control.
- All scholars will participate in the activities scheduled unless a written reason is given. If an illness or injury persists, please have a doctor write a note explaining the restrictions your child has, as well as the duration of the injury or illness.
- All scholars must wear tennis shoes in P.E.

This is the Parent's Role:

Gym Shoes: Help your child remember their tennis shoes.

Your child will need gym shoes (sneakers, tennis shoes) to participate in activities. They must have a flat bottom (no heel) and the foot must be fully covered. Sandals, Crocs, clogs, dress shoes, boots and any heeled shoes are not appropriate for class. One way to always have your child prepared is to have an extra pair of gym shoes kept at school, in the classroom or in a backpack.

Notes for Not Participating

If your scholar needs to be excused from physical activity, please include a dated note from a doctor or parent/guardian explaining the reason and an estimated time when your child may rejoin participation. These can be given to the classroom teacher or the PE teacher.

Proper Clothing

Encourage your scholar to wear clothing that allows for easy movement and various positions and levels. Students will often be on the gym floor or outside on the grass. Proper clothing can help your child to achieve their maximum potential in activity.

Communication with Ms. Crowder

Please feel free to contact me with any concerns, questions, or just information that needs to be exchanged. My office number is **549-7609**.